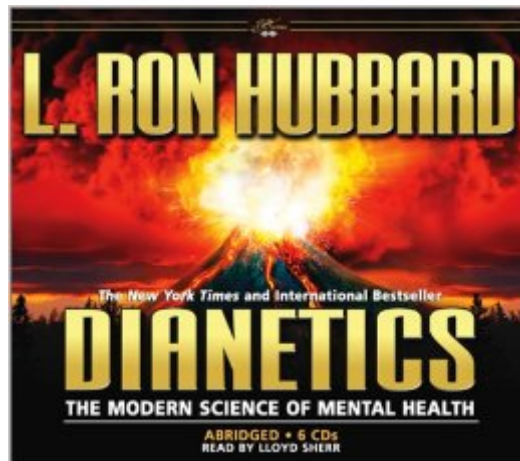


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Dianetics: The Modern Science Of Mental Health



Synopsis

"Listen to Dianetics: The Modern Science of Mental Health" on compact disc. In this audiobook, you'll discover the single source of unexplained pains, negative emotions and unhappy relationships in your life. This is what causes you to do things you can't explain - like break up your relationships and hurt the ones you love. Find out exactly what is destroying your belief in yourself and how Dianetics helps you get rid of it and become more you. Millions have discovered Dianetics works. Join them.

Book Information

Audio CD

Publisher: Bridge Publications, Inc.; Abridged edition (July 2002)

Language: English

ISBN-10: 1403105413

ISBN-13: 978-1403105417

Product Dimensions: 5 x 5.7 x 1 inches

Shipping Weight: 9.1 ounces

Average Customer Review: 3.9 out of 5 stars [See all reviews](#) (583 customer reviews)

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Customer Reviews

L. Ron Hubbard has been grossly underestimated as a writer of Science Fiction. He is possibly one of the greatest fiction writers of the 20th century. With "Dianetics," Hubbard has been able to weave a complex, believable tale of the science of the mind, essentially forming the basis for what would come to be taken to be a religion. How many other Science Fiction writers have done something of that magnitude with such far reaching effects? Darn few. "Dianetics" made an early appearance in the magazine "Astounding Science Fiction" back in May of 1950. It garnered a lot of press and created a buzz that eventually garnered the attention of a wider audience. Hubbard created a whole mythology around himself. It is said he was a bronco buster at the age of three, a teenage explorer, a blood brother of the Blackfeet Indians of Montana, a Nuclear Physicist, and a World War II hero, among other things. But above all, he was a writer of pulp Science Fiction. Interestingly enough, there's plenty of documentation that many of the ideas put forth in this book are not original. Many

may not be aware that at the root of Dianetics are the discoveries of Dr. William Sargant (a psychiatrist). Sargant's research observed post traumatic stress syndrome in World War II soldiers, leading to a cure known as Abnormal Reaction Therapy. This entailed re-experiencing traumatic events (Hubbard called these "engrams") utilizing a hypnotic (or drugged) state to confront these real or imagined items with the aid of a facilitator. If you are interested in exploring Sargant's work, his book is called "Battle for the Mind: A Physiology of Conversion and Brainwashing." There are many very close similarities between the two texts. The key is to become "Clear."

What exactly is this book? Is it, as it purports to be, a manual of psychotherapy? Or is it, as Scientologists seem to believe, Holy Scripture? If the former, it should be updated periodically, in light of new research. If a doctor stood at my hospital bed perusing the 1858 edition of Gray's Anatomy, I would worry. Or is the original text of Dianetics inerrant, being the result of divine revelation? If so, they should say so, and drop the pretence of scientific rigor. What are we to make of a theory that states that psychological disorders can arise from the fetus - or even the fertilized egg, the zygote - overhearing and recording conversations from the outside world? An example given is of a husband beating his pregnant wife while shouting, "You've got to take it!" The poor child that results will grow up to be a kleptomaniac ('You've got to take it'. Geddit?). If dialogue can be so destructive to the unborn, perhaps we need a new movie rating of FU, for 'Fetus Unfriendly'. In fact, the theory goes even deeper into absurdity. We are told that "it is not true that emotion gets into the child through the umbilical cord... Emotion comes on another (more electrical than physical) type of wave... Therefore, anyone who is emotional around a pregnant woman is communicating that emotion straight into the child." 'Straight into' you notice, like some sort of radio transmission. Believe that and you'll believe anything. Here's another: "It may be that a patient is urgent in her insistence that her father raped her... Large numbers of insane patients claim this. And it is perfectly true. Father did rape her, but it happened she was only nine days beyond conception at the time."

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